

## **HOMEOMOXA: A NEW METHOD OF TREATING HAY FEVER AND ASTHMA**

Since the ancient times man has been dealing with question how his suffers can be eased or ceased. This drives him towards newer and newer observations and discovery. This process is as old as man, and still this very day it has it actuality and *raison d'être*, as many diseases kill their victims or cause suffer to people.

Should we concentrate on one illness group, e.g. allergic diseases, it comes clear that no such a solution has been found in the situation of the millions of these people struggling with these problems that could have efficiently treated the reason of this illness or even hindered the continuous spreading of it.

In the civilised countries, 20-25% of the population has allergic problems. According to the statistics, this number grows by 10% each year. This enlightens that it is reasonable to search solutions being able to help allergic people e.g. in natural treatments.

The writer of this study discovered in 1994 a new treatment: **HOMEOMOXA**, which is the joint use of *Moxa treatment and homeopathic remedies*. This combination is capable of soothing and ceasing the symptoms of allergic hay fever and asthma.

**HOMEOMOXA**: the name is created by joining the words homeostasis and moxa.

Homeostasis refers to the effort of the organism towards self-balance, i.e. it is correctional, self-healing mechanism. This procedure is enhanced by the homeomoxa treatment, whose aim is to recover the balance of the failing immune system in order to decrease or cease the allergic reaction.

Materials used during the Homeomoxa treatment:

- I.     **MOXA**
- II.    **HOMEOPATHIC SUBSTANCES**

Previously these two materials were applies separately, their joint utilization come true with the discovery of homeomoxa.

I.+ II. : The basis of the discovery is the implementation of these two together.

(The treatment set is applied for Hungarian patent.)

### **1. MOXA**

Dried leaves of Artemisia, collected from the young plant. The "moxa cotton" is the result of a long drying process, after which it is formed and used in different shapes (cigar, cigarette). The essence of the method is heating through the Artemisia, which is set on fire. This happens on the skin or on the acupuncture needle inserted into the skin.

The implementation of the Moxa probably began in the prehistoric age (as implied by the drawings found in caves). The primitive men revealed that the dry Artemisia leaves burnt long and gave out lots of heat. They observed that the person who looked after the fire was healthy and lived long. When they consciously applied it for healing, it proved to be efficient.

Moxa stood the test of thousands of years and it is an as important part of Chinese therapies as

acupuncture. All around the world it is considered as a medicinal plan, and is applied in the form of herb tea.

### THE EFFECT OF MOXA TREATMENT:

There are numerous affects; I will only mention the most significant ones:

1. Local heating: the capillary open up in the skin, enhancing the circulation of the given area, which speeds up the healing process (the explanation of the effect of moxa treatment in western health culture).
2. Through the acupuncture points (chasms) the heat penetrates into the meridians, which is used as energy in the organ that belongs to the meridian, but it also affects the organism as a whole.
3. It is glowing with a special infrared light, which, when penetrating the tissues, effects as energy of light.
4. The Artemisia leaf is a listed medicinal herb, so it also affects this way.
5. We place the moxacone (a small amount of moxa cotton shaped as a cone) on the skin over a base, which, when lit, will transfer its effective substance into the organism. Most often we use garlic, a ginger slice or pureed natural healing products under the moxa, but (having the necessary expertise and creativity) any medicinal plant can be applied for this reason.

### *THE MOST IMPORTANT INDICATIONS OF USING MOXA:*

- In case of cold, if the body temperature is not above normal. This serves the heating of the human organ.
- In case of chronic illnesses, which refer to energy shortage. Also allergy belongs here.
- Releasing painful muscular cramps through the well controllable local heating.
- For dissolving swelling, e.g. haematoma
- Preventing treatment for enhancing the operation of the immune system. This is mainly used when changing seasons, to get the organ prepared for bearing the burden of weather change.

With Homeomoxa, the treatments mentioned in point 2. and 5. can be used.

## II. HOMEOPATHY MEDICINES

Products considered as medicine.

Homeopathy is for of medicinal regulative therapy, which stimulates and manages the self-control of the organ.

Homeopathy is a method operating on the principle of similarity. In the sense of this principle an illness reacts to the homeopathy medicine that in undiluted form or in a small degree of dilution provokes similar symptoms from a healthy human. The development of the method is related to the German doctor, chemist and pharmacist, Samuel Hahnemann (1755-1843), who laid the foundations of homeopathy in his work *Organon* in 1796.

The medicines used in homeopathy are made of natural substances (plants, animals, minerals, etc.) with a special dilution technology. This is called *potentiallying* or *dynamising*. This is a method, which is, besides dilution, made up of the combination of shaking and tapping. With this special manipulation used in the preparation of the remedies the information of the basic substance (the so-called stock-solution) is carried into each new dilution.

Most frequently used: D= dilution potentiated in a scale of 10: (1+9=10D) decimal  
 C= dilution potentiated in a scale of 100: (1+99=100C) centimal  
 Higher potencies are also used: e.g.: 50000= LM potency, or Q potency

The degree of the dilution also refers to the potency of the homeopathic substances and the scale is signalled with a number beside the letter. E.g.: D6 or C30. At higher potencies, e.g. in dilutions above C12 there are no material particles present, only the information of the starting material.

The higher the degree (the potency) of the dilution, the stronger effect a homeopathic substance can produce.

Many doctors around the world, as also in Hungary, cure effectively with the method based on "similia similibus curantur" (the principle of similarity). The treatment, based on the principle of similarity, is used in the curing of allergies, e.g. the patient suffering from his nose running gets a substance made of onion (as the slicing of the onion also causes the nose to run). Of course many medicines are capable of treating the allergy and besides them the constitutional medicine of the patient, which the homeopathic doctor determines for each patient.

The author's discovery the Homeomoxa treatment is based on the principle of similarity. "What a material provokes, is able to treat as well." For treating the patients suffering from hay fever, I use a homeopathic substance made of the material, which caused the allergic reaction. E.g. in case of Ambrosia allergy, a homeopathic substance made of Ambrosia pollens.

#### *BASIC CHARACTERISTICS OF THE HOMEOMOXA TREATMENT:*

- An external treatment applied through the skin.
- Applied on selected acupuncture points.
- The moxa and the homeopathic substance are used together at the same time.
- Only natural ingredients are involved.
- The patients are treated in a course.

#### *WHAT HAPPENS IN THE BODY OF AN ALLERGIC HUMAN?*

The process consists of two phases:

The **sensitising phase** when the patient becomes sensitive; the immune cells judge one or two materials, which are otherwise innocent, as dangerous to the organism. This is a result of a failure in the memory of the immune cells. Symptoms do not appear in this phase.

Should the immune system meet once again with this material, it reacts according to the failing mechanism every time. It develops a complete protection against the given material (allergen), similarly to the case when it develops immunity against bacteria that got into the organism. This mechanism can be observed also in case of a protective inoculation.

The **defensive phase** means that afterwards each time the immune system senses the suspected enemy, e.g. the pollen, it produces a vehement defensive reaction, during which inflammatory materials are produced. This is the phase when the symptoms of the allergic person appear. In case of allergic hay fever or asthma, the allergic occurrences localize in the respiratory system and in the mycoderm being in connection with the environment.

In typical cases sneezing, nose running, snuffles appear in attacks. Conjunctivitis with eye itching is also frequent. Symptoms may be accompanied by throat and auditory meatus itching. Coughing attacks, suffocating, hard breathing may occur, and even asthma may develop.

### *THEORY OF THE HOMEOMOXIA EFFECT*

According to the law of physics, chaos (disorderliness) carries a certain level of information capacity. If a system gets in an inordinate state (entropy), this happens through a loss of information. These physical laws apply to humans, as the beings on the highest level of biological organization, too.

In the organ of the allergic patient a process happens that witnesses that in the memory of the immune cells, the *failure* of the information coded in the scale of a million deformed the order, so - although in a small proportion - *disorder* has been created. The disorder (failure in the operation of the immune system) is the result of information loss. *The chance of reorganization lies in information input.* Influence of the operations of the living cells can be implemented by transmitting information. The information stored in homeopathic medicines is to correct the false immune reaction by the Homeomoxia treatment.

#### *Conditions of the effective information transmission:*

- The information should be interpretable for the human cells.
- It should build into the information system of the cell
- It should modify the operation of the cell
- I should only correct the mistake.
- The cell should forward the correction, so that the built-in information is inherited by the successors.

#### *What is needed for the information being able to exert its effect?*

- Adequate energy to transfer the information to the cells.
- Adequate type of information.
- Adequate place (localization) for inputting the information.
- Adequate strength of information.
- Information applied with the adequate frequency.
- Information applied for the adequate period of time.

THE HOMEOMOXIA IS OF A COMPLEX EFFECT, IT IS A

**BIOLOGICAL - ENERGETIC - INFORMATION  
METHOD**

Moxing exerts its **BIOLOGICAL** effect on the immune system and the organ as a whole. The **ENERGY** generated by moxing operates also as an information transmitting system. Correction of the false immune programs happens through **INFORMATION** transmitting.

**INFORMATION**: The homeopathic medicine made of the allergen contains it in C30 potence, where the material itself is already not present, only its information (in this case Ambrosia).

**ENERGY**: it is provided by the **MOXA** treatment.

1. Thermo energy
2. Light energy
3. **Jointly** they serve the termination of the lack of energy state of the organism and also the transmission of the information to an adequate place:  
***TRANSMIT INFORMATION.***

**MATERIAL**: Living material, the intelligent immune cell that ***RECEIVES INFORMATION.***

The information (the vibration characteristic of the allergen) gets in the skin, in the place receiving information, through a transmitting system (the infrared radiation of moxa). The so-called Langerhans cells are located here. The Langerhans cells sense the information of the allergens transmitted by moxing. These cells have a significant function, because they directly take part in managing the allergic immune occurrences, are capable of informing the T-lymphocytes, and other immune functions. After the Langerhans cells interpreted the information, the complete its transmission. In this respect we understand the operation of Homeomoxia as an energetic-biological-information healing method.

***PURPOSES OF THE HOMEOMOXIA TREATMENT:***

- **Evocation**, revival of **the immune cells' forgotten knowledge**. (Its condition is that the allergen information be transferred to the immune cells.)
- **Destruction of the incorrect operation** (The repetition of the information input as a course.)
- **Re-start the operation of the forgotten knowledge** (Periodical repetition of the course, e.g.: annually)

During the Homeomoxia treatment, **energy + information** are input into the allergic organism in the same time to repair the incorrect immune reaction.

The energy + information together are the principle of the existence and operation of the Universe.

The human race is a tiny particle compared to the infinity of the Cosmos, but the same laws apply to them. In the healing effect of the Homeomoxa, universal laws work and help to correct the mistakes of the immune system.

### *THE HOMEOMOXA IS A NATURAL DESENSITISING TREATMENT*

The next table compares the classical immune therapy and Homeomoxa, this method of natural immune treatment.

#### COMPARISON OF HOMEOMOXA TREATMENT WITH THE CLASSICAL IMMUNE THERAPY APPLIED FOR PATIENTS SUFFERING FROM HAY FEVER

IMMUNE THERAPY	HOMEOMOXA
Treatment is prior to the appearance of pollens	Treatment is available also before and during the appearance of pollens
Repeated treatment	Repeated treatment
Small amount of treatment medicine	Small amount of treatment medicine
Can be dangerous	Secure
Subcutan (under skin)	On skin, externally
Diluted treatment medicine	Potentiated, specially diluted (homeopathic medicine)
Takes in antigen, the material of pollen in the organism	Takes in the information of the antigen in the organism. Consists no pollen material
Takes in weak information in the organism	Takes in strengthened information in the organism
Organism meets the same pollen as during pollenosis	Organism meets the "pollen" in another quality form
No general effect on the organism	Increases the energy level, the resistance ability of the organism. This refers to also the immune system. Generates a function improvement in the organs, tissues taking part in allergic reaction
Only a doctor may perform it	May be performed by anyone having the knowledge of the treatment
High costs	Inexpensive
Can be applied only to some allergens at the same time	Can be applied to more allergens an the same time
Allergic symptoms reduce or cease	Allergic symptoms reduce or cease

#### *EXPERIENCE OF HOMEOMOXA TREATMENT FOR 29 AMBROSIA ALLERGIC PATENTS*

The treatment was preceded by a general, and allergologic anamnesis, (query) and medical physical examination.

*Conditions for participation were the following:*

- Above 18 years

- Symptoms in connection with Ambrosia present for at least 2 years
- Free of symptoms or minimal symptoms at the beginning of the treatment
- Not having received immune therapy

*Disqualifying reasons:*

- Pregnancy
- Current contagion
- HIV positive
- Perennealis rhinitis
- Autoimmune illness
- Other serious medical illnesses
- Alcohol and drug consumption

Each illness or current symptom that would have significantly effected the treatment was considered as a disqualifying reason. Prior to the treatment an exact query occurred with respect to the seriousness of the allergic symptoms of the recent years, including the areas of the nose, eyes, lung and other symptoms. They were to be evaluated on a scale of 0-4.

The treatment started with 33 subjects and ended with 29 (reasons: got pregnant, left the country, and did not receive 10 treatments).

Number of treated patients: 29 (11 male, 18 female)

Average age: male: 39 years, female: 37 years

Diagnosis was made based on brought Prick test, and Spec. IgE (which studies the amount of anti-body created against Ambrosia) laboratory determination with UniCAP method Spec. IgE. determination occurred prior to and directly after the treatment, and at the finish of the allergic period.

### *COURSE OF THE TREATMENT*

The start of the treatment was the first week of June 2000.

Treatment occurred twice a week for 5 weeks, representing altogether 10 treatments.

Implementation: The C30 homeopathic medicine (liquid) of Ambrosia mixed with bioflour (co-material) was salved on the appropriate acupuncture sites (large intestine:4, stomach: 36) Moxacones are put on this base. 5-5 cones were burnt on each treatment (altogether 20).

As soon as the patients felt the heat uncomfortable, the cone was taken away.

The patients kept an up-to-date symptom diary, in which they recorded the strength of the symptoms on a scale of 0-4. This was compared with the data of the previous year recorded in their anamnesis.

0= no symptom

1= occasional, not annoying symptoms.

2= frequent, not annoying symptoms.

3= almost continuous and annoying symptoms.

4= seriousness of symptoms is unbearable.

The next graph is made with respect to this scale, from the data of the symptom diary after the

allergic period.

#### AGGREGATE RESULTS /Table 1/

The table includes the total allergic period, August-September-October, and the complaints perceived in this period.

The graph clearly shows the decrease in the seriousness of the symptoms, which reduction could be observed at each symptom.

#### SUBJECTIVE EVALUATION /Table 2/

After the allergic period the patients filled out a questionnaire about the percentage extent of the improvement or changes in their state, compared with the previous years, based on their subjective evaluation.

#### CHANGES OBSERVED IN USE OF MEDICINES /Table 3/

Medicines applied after the moxa treatment included also homeopathic products.

The application of medicines showed a decrease of 67% after the homeomoxa treatment.

The decrease in the spec IgE values directly after the treatment appeared on in its tendency, but this was not significant. According to the biostatistician, the reason for this was in connection with the small number of cases.

The spec. IgE value measured at the end of the Ambrosia season, in October increased for all patients.

Comparing the improvement of the state of the patients with the amount of anti-body in their blood, it was apparent that these two factors showed no relation with each other.

Thus the increase in IgE did not correlate with the improvement in the patients' state. E.g.: at the patient treated the most successfully the IgE showed an immeasurably high value.

### *SUMMARY*

Homeomoxa represents a new discovery in natural treatments.

Homeomoxa corresponds to natural desensitization.

Homeomoxa treatment, compared with immune therapy, proves to be unequivocally more beneficial.

Compared with the previous year, the decrease in the symptoms of patients suffering from hay fever was significant both according to the symptom diary and the subjective evaluation of the treated patients. At the same time the medicine consumption was significantly smaller than in the previous year.

Homeomoxa treatment induces a favourable change in the immune reaction of patients suffering from allergic hay fever, which manifests in the decrease of symptoms of Ambrosia allergy. In case of other pollen allergies, and allergies for acarid and animal furs the results are even more favourable, because in case of these allergies symptoms disappeared and even healing occurred.

Additional researches would more exactly find out through which immune occurrences the Homeomoxa exerts its favourable effect. According to the so far obtained experience, Homeomoxa treatment, in its perspective, flashes the possibility to treat the reasons of allergies. Homeomoxa is a natural treatment that in case of the determination of an exact allergologic diagnosis and exact allergen is able to significantly reduce the symptoms of people suffering from allergy, and to make them stop taking or taking less medicine.

I encourage my colleagues applying natural therapies to apply the homeomoxa treatment, to obtain and extend further experience.

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